

Mrs. Lori Trahan

Party: Democratic • **Chamber:** House
State: MA • **District:** 3
Service: 2019–2025 (including current term)
Most recent Congress: 119

Phone: (202) 225-3411
Office: 2233 Rayburn House Office Building
Website: trahan.house.gov

Biography

A Representative from Massachusetts. Born in Lowell, Middlesex County, Mass. , October 27, 1973. Graduated from Lowell High School, Lowell, Mass. , 1991. B. S. , Georgetown University, Washington, D. C. , 1995. Attended Harvard University, Cambridge, Mass. , 2013. Businesswoman. Staff, United States Representative Marty Meehan of Massachusetts, 1995-2005. Elected as a Democrat to the One Hundred Sixteenth and to the three succeeding Congresses (January 3, 2019-present).

Committee Memberships (Congress 119)

- Commerce, Manufacturing, and Trade Subcommittee – Subcommittee
- Energy and Commerce Committee – Standing
- Health Subcommittee – Subcommittee
- Oversight and Investigations Subcommittee – Subcommittee

Legislative Activity (2019–2025)

Bills sponsored: 73
Bills cosponsored: 1652

Most Recent Sponsored Bills

Bill	Title	Status / Last Action
119 HR 10295	9-8-8 Call Center Improvement Act	Referred to the House Committee on Energy and Commerce. Updated Sep 3, 2026
119 HRES 1503	Supporting the goals of Overdose Awareness Day and strengthening efforts to combat the opioid crisis in the United States.	Referred to the House Committee on Energy and Commerce. Updated Aug 31, 2026
119 HR 9941	Right to IVF Act of 2026	Referred to the Committee on Energy and Commerce, and in addition to the Committees on Veterans' Aff Updated Jul 23, 2026
119 HR 9690	Water Emergency and Technical Assistance Act	Referred to the Committee on Transportation and Infrastructure, and in addition to the Committee on Updated Jul 14, 2026
119 HR 7145	To amend title XIX of the Social Security Act to establish a definition of essential health system in statute and for other related purposes.	Referred to the House Committee on Energy and Commerce. Updated Jan 16, 2026

Most Recent Cosponsored Bills

Bill	Title	Status / Last Action
119 HRES 1641	Honoring the contributions of Indian Americans and supporting the designation of July as "Indian American Heritage Month".	Referred to the House Committee on Oversight and Government Reform. Updated Oct 26, 2026
119 HR 10875	To amend titles II and XVIII of the Social Security Act to lower the Medicare eligibility age to 50, and for other purposes.	Referred to the Committee on Energy and Commerce, and in addition to the Committee on Ways and Means Updated Oct 22, 2026
119 HR 10792	FTC Whistleblower Act of 2026	Referred to the Committee on Education and Workforce, and in addition to the Committee on Energy and Updated Oct 9, 2026
119 HR 10722	9–8–8 Crisis Response Workforce Act	Referred to the House Committee on Energy and Commerce. Updated Oct 5, 2026
119 HR 10574	American Leadership in Fusion Act	Referred to the House Committee on Science, Space, and Technology. Updated Sep 24, 2026

LegiList

CONGRESS, MADE CLEAR.

Search Every Federal Bill, Law, and Vote

LegiList is the fastest way to research Congress. Track any bill from introduction to enactment, see how every legislator voted, follow committee activity, and read the full text of every law — all in one place, always up to date.

legilist.com

Free Course: Learn How Congress Actually Works

LegiList Learn is a free, self-paced course that walks through the entire legislative process — from drafting a bill to a presidential signature. Seven modules, plain language, no politics. Earn a certificate when you finish.

legilist.com/learn

Public data belongs to the public. — legilist.com