



## Ms. Sarah McBride

**Party:** Democratic • **Chamber:** House

**State:** DE

**Most recent Congress:** 119

**Phone:** (202) 225-4165

**Office:** 1306 Longworth House Office Building

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### Biography

A Representative from Delaware. Born in Wilmington, New Castle County, Del. , August 9, 1990. Graduated from Cab Calloway School of the Arts, Wilmington, Del. , 2009. B. A. , American University, Washington, D. C. , 2013. Author. Public advocate. Member of the Delaware state senate, 2020-2024. Elected as a Democrat to the One Hundred Nineteenth Congress (January 3, 2025-present).

### Committee Memberships (Congress 119)

- Foreign Affairs Committee – Standing
- Research and Technology Subcommittee – Subcommittee
- Science, Space, and Technology Committee – Standing

### Legislative Activity (2025–)

**Bills sponsored:** 6

**Bills cosponsored:** 485

### Most Recent Sponsored Bills

Bill	Title	Status / Last Action
119 HR 7505	Flexible Leave Act	Referred to the Committee on Education and Workforce, and in addition to the Committees on Oversight Updated Feb 11, 2026
119 HR 6461	READ AI Models Act	Referred to the House Committee on Science, Space, and Technology. Updated Dec 4, 2025
119 HR 6151	Global Respect Act	Referred to the Committee on Foreign Affairs, and in addition to the Committee on the Judiciary, for Updated Nov 19, 2025
119 HR 3404	FAIR Leave Act	Referred to the Committee on Education and Workforce, and in addition to the Committees on House Adm Updated May 14, 2025
119 HR 2868	SAVE Our Poultry Act	Referred to the House Committee on Agriculture. Updated Apr 10, 2025

## Most Recent Cosponsored Bills

Bill	Title	Status / Last Action
119 HR 7802	To amend the Federal Election Campaign Act of 1971 to provide for additional disclosure requirements for corporations, labor organizations, Super PACs and other entities, and for other purposes.	Referred to the Committee on House Administration, and in addition to the Committees on Ways and Mea Updated Mar 4, 2026
119 HR 7806	To amend the Internal Revenue Code of 1986 to codify the Direct File program.	Referred to the House Committee on Ways and Means. Updated Mar 4, 2026
119 HR 7749	To amend the National Quantum Initiative Act to make certain additions relating to quantum modeling and simulation, and for other purposes.	Referred to the House Committee on Science, Space, and Technology. Updated Mar 2, 2026
119 HR 3340	Modernizing Access to Our Public Oceans Act	Placed on the Union Calendar, Calendar No. 438. Updated Feb 23, 2026
119 HR 7613	ALERT Act	Referred to the Committee on Transportation and Infrastructure, and in addition to the Committee on Updated Feb 20, 2026