



## Ms. Pramila Jayapal

**Party:** Democratic • **Chamber:** House  
**State:** WA • **District:** 7  
**Service:** 2017–2025 (including current term)  
**Most recent Congress:** 119  
**Phone:** (202) 225-3106  
**Office:** 2346 Rayburn House Office Building  
**Website:** [jayapal.house.gov](http://jayapal.house.gov)

### Biography

A Representative from Washington. Born in Chennai, Tamil Nadu, India, September 21, 1965. A. B. , Georgetown University, Washington, D. C. , 1986. M. B. A. , Northwestern University, Evanston, Ill. , 1990. Financial analyst. Nonprofit executive. Member of the Washington state senate, 2015-2016. Elected as a Democrat to the One Hundred Fifteenth and to the four succeeding Congresses (January 3, 2017-present).

### Committee Memberships (Congress 119)

- Africa Subcommittee – Subcommittee
- Budget Committee – Standing
- Constitution and Limited Government Subcommittee – Subcommittee
- Foreign Affairs Committee – Standing
- Immigration Integrity, Security, and Enforcement Subcommittee – Subcommittee
- Judiciary Committee – Standing
- South and Central Asia Subcommittee – Subcommittee

### Legislative Activity (2017–2025)

**Bills sponsored:** 165

**Bills cosponsored:** 3068

## Most Recent Sponsored Bills

Bill	Title	Status / Last Action
119 HCONRES 89	Directing the President, pursuant to section 5(c) of the War Powers Resolution, to remove United States Armed Forces from hostilities with Iran.	Referred to the House Committee on Foreign Affairs. Updated Apr 23, 2026
119 HRES 1212	Expressing support for the staff of public, school, academic, and special libraries in the United States and the essential services those libraries provide to communities, recognizing the need for funding commensurate with the broad scope of social service and community supports provided by libraries, preserving the right of all citizens of the United States to freely access information and resources in their communities, supporting a strong union voice for library workers, and defending the civil rights of library staff.	Referred to the House Committee on Education and Workforce. Updated Apr 23, 2026
119 HRES 1178	Commemorating the 5-year remembrance of the April 15, 2021, mass shooting at a FedEx Ground facility in Indianapolis, Indiana, and denouncing all forms of anti-Asian hate, including the resurgence of xenophobic and anti-immigrant rhetoric.	Referred to the Committee on Oversight and Government Reform, and in addition to the Committee on th Updated Apr 15, 2026
119 HRES 1179	Condemning attacks on civilians in Sudan and calling for an end to external support to the warring parties and for efforts to promote a negotiated settlement of the war.	Referred to the House Committee on Foreign Affairs. Updated Apr 15, 2026
119 HR 8103	To prohibit the use of funds to use military force in or against Cuba, and for other purposes.	Referred to the Committee on Foreign Affairs, and in addition to the Committee on Armed Services, fo Updated Mar 26, 2026

## Most Recent Cosponsored Bills

Bill	Title	Status / Last Action
119 HR 8555	To place the Federal minimum wage on a durable path toward a living wage aligned with the national median wage, to require large, highly profitable corporations to lead the transition, to end all subminimum wages, and for other purposes.	Referred to the House Committee on Education and Workforce. Updated Apr 28, 2026
119 HR 8531	Farmland for Farmers Act of 2026	Referred to the House Committee on Agriculture. Updated Apr 27, 2026
119 HR 1329	Smithsonian American Women's History Museum Act	Placed on the Union Calendar, Calendar No. 538. Updated Apr 23, 2026
119 HR 8475	To amend the Higher Education Act of 1965 to provide for a Savings Opportunity and Affordable Repayment plan as an income contingent repayment plan.	Referred to the House Committee on Education and Workforce. Updated Apr 23, 2026
119 HR 8484	To amend the Public Health Service Act to provide for emergency grants to safeguard essential health care workers, and for other purposes.	Referred to the House Committee on Energy and Commerce. Updated Apr 23, 2026