



## Mrs. Jahana Hayes

**Party:** Democratic • **Chamber:** House  
**State:** CT • **District:** 5  
**Service:** 2019–2025 (including current term)  
**Most recent Congress:** 119  
**Phone:** (202) 225-4476  
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### Biography

A Representative from Connecticut. Born in Waterbury, New Haven County, Conn. , March 8, 1973. A. A. , Naugatuck Valley Community College, Waterbury, Conn. , 2002. B. A. , Southern Connecticut State University, New Haven, Conn. , 2005. M. A. , University of Saint Joseph, West Hartford, Conn. , 2012. Attended University of Bridgeport, Bridgeport, Conn. , 2014. Teacher. Public school administrator. Elected as a Democrat to the One Hundred Sixteenth and to the three succeeding Congresses (January 3, 2019-present).

### Committee Memberships (Congress 119)

- Agriculture Committee – Standing
- Early Childhood, Elementary, and Secondary Education Subcommittee – Subcommittee
- Education and Workforce Committee – Standing
- Health, Employment, Labor, and Pensions Subcommittee – Subcommittee
- Livestock, Dairy, and Poultry Subcommittee – Subcommittee

### Legislative Activity (2019–2025)

**Bills sponsored:** 115

**Bills cosponsored:** 2717

### Most Recent Sponsored Bills

Bill	Title	Status / Last Action
119 HR 7497	To amend the SUPPORT for Patients and Communities Act to improve trauma support services and mental health care for children and youth in educational settings, and for other purposes.	Referred to the House Committee on Education and Workforce. Updated Feb 11, 2026
119 HR 6795	School MEALS Act of 2025	Referred to the House Committee on Education and Workforce. Updated Dec 17, 2025
119 HR 6088	Restoring Food Security for American Families and Farmers Act of 2025	Referred to the House Committee on Agriculture. Updated Nov 18, 2025
119 HR 5950	Keep SNAP and WIC Funded Act of 2025	Referred to the House Committee on Appropriations. Updated Nov 7, 2025
119 HR 5112	Tipped Worker Protection Act	Referred to the Committee on Education and Workforce, and in addition to the Committee on Ways and Means. Updated Sep 3, 2025

## Most Recent Cosponsored Bills

Bill	Title	Status / Last Action
119 HR 1742	Access to Reproductive Care for Servicemembers Act	ASSUMING FIRST SPONSORSHIP - Ms. Houlahan asked unanimous consent that she may hereafter be considered. Updated Feb 11, 2026
119 HRES 1047	Recognizing January 2026 as "National Mentoring Month".	Referred to the House Committee on Education and Workforce. Updated Feb 9, 2026
119 HR 7335	Humanitarian Standards for Individuals in ICE and CBP Custody Act	Sponsor introductory remarks on measure. (CR H2018) Updated Feb 4, 2026
119 HR 3276	Local Communities & Bird Habitat Stewardship Act of 2025	Subcommittee Hearings Held Updated Feb 4, 2026
119 HR 7346	To amend an Act to provide for reconciliation pursuant to title II of Public Law 119-21 (commonly referred to as the "One Big Beautiful Bill Act") to remove funding for U.S. Immigration and Customs Enforcement.	Referred to the House Committee on the Judiciary. Updated Feb 4, 2026