



Mr. Jared F. Golden

Party: Democratic • **Chamber:** House

State: ME • **District:** 2

Service: 2019–2025 (including current term)

Most recent Congress: 119

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Biography

A Representative from Maine. Born in Lewiston, Androscoggin County, Maine, July 25, 1982. Graduated from Leavitt Area High School, Turner, Maine, 2001. Attended University of Maine, Farmington, Maine, 2001-2002. B. A. , Bates College, Lewiston, Maine, 2011. United States Marines Corps, 2002-2006. Staff, United States Senate Committee on Homeland Security and Governmental Affairs, 2011-2012. Staff, United States Senator Susan Collins of Maine, 2013. Staff, Maine state house of representatives, 2013-2014. Member of the Maine state house of representatives, 2014-2019. Elected as a Democrat to the One Hundred Sixteenth and to the three succeeding Congresses (January 3, 2019-present).

Committee Memberships (Congress 119)

- Armed Services Committee – Standing
- Energy and Mineral Resources Subcommittee – Subcommittee
- Federal Lands Subcommittee – Subcommittee
- Intelligence and Special Operations Subcommittee – Subcommittee
- Natural Resources Committee – Standing
- Seapower and Projection Forces Subcommittee – Subcommittee
- Water, Wildlife and Fisheries Subcommittee – Subcommittee

Legislative Activity (2019–2025)

Bills sponsored: 77

Bills cosponsored: 851

Most Recent Sponsored Bills

Bill	Title	Status / Last Action
119 HR 2550	Protect America's Workforce Act	Received in the Senate. Updated Dec 15, 2025
119 HRES 432	Providing for consideration of the bill (H.R. 2550) to nullify the Executive order relating to Exclusions from Federal Labor-Management Relations Programs, and for other purposes.	Motion to reconsider laid on the table Agreed to without objection. Updated Dec 11, 2025
119 HR 4978	Secure Trade Act	Referred to the Committee on Ways and Means, and in addition to the Committees on Financial Services Updated Aug 15, 2025
119 HR 4665	Loggers Economic Assistance and Relief Act	Referred to the House Committee on Agriculture. Updated Jul 23, 2025
119 HR 3762	Supporting Healthy Moms and Babies Act	Referred to the Committee on Energy and Commerce, and in addition to the Committees on Ways and Mean Updated Jun 5, 2025

Most Recent Cosponsored Bills

Bill	Title	Status / Last Action
119 HR 6915	To prohibit the use of funds to use military force in or against Venezuela, and for other purposes.	Referred to the Committee on Foreign Affairs, and in addition to the Committee on Armed Services, fo Updated Dec 19, 2025
119 HR 4876	Reproductive Freedom for Veterans Act	Referred to the Subcommittee on Health. Updated Dec 19, 2025
119 HR 4611	EACH Act of 2025	Referred to the Subcommittee on Health. Updated Dec 19, 2025
119 HR 4776	SPEED Act	Received in the Senate and Read twice and referred to the Committee on Environment and Public Works. Updated Dec 18, 2025
119 HR 6835	To amend title 38, United States Code, to direct the Secretary of Veterans Affairs to offer annual preventative health evaluations to veterans with a spinal cord injury or disorder and increase access to assistive technologies, and for other purposes.	Referred to the House Committee on Veterans' Affairs. Updated Dec 18, 2025