



Mr. Maxwell Frost

Party: Democratic • **Chamber:** House
State: FL • **District:** 10
Service: 2023–2025 (including current term)
Most recent Congress: 119
Phone: (202) 225-2176
Office: 1224 Longworth House Office Building
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Biography

A Representative from Florida. Born in Orlando, Orange County, Fla. , January 17, 1997. Graduated from Osceola County School for the Arts, Kissimmee, Fla. Attended the Valencia College, Orlando, Fla. Campaign staff. Organizer. Rideshare driver. Elected as a Democrat to the One Hundred Eighteenth and to the succeeding Congress (January 3, 2023–Present).

Committee Memberships (Congress 119)

- Economic Growth, Energy Policy, and Regulatory Affairs Subcommittee – Subcommittee
- Oversight and Government Reform Committee – Standing
- Transportation and Infrastructure Committee – Standing

Legislative Activity (2023–2025)

Bills sponsored: 37

Bills cosponsored: 848

Most Recent Sponsored Bills

Bill	Title	Status / Last Action
119 HR 7358	To direct the Secretary of Transportation to issue guidance regarding State projects to reduce trespassing fatalities, and for other purposes.	Referred to the House Committee on Transportation and Infrastructure. Updated Feb 4, 2026
119 HR 7135	Prevent Illegal Gun Resales Act	Referred to the House Committee on the Judiciary. Updated Jan 16, 2026
119 HR 7134	Destroy Zombie Guns Act	Referred to the House Committee on the Judiciary. Updated Jan 16, 2026
119 HR 7133	Merchant Codes Can Save Lives Act	Referred to the House Committee on Financial Services. Updated Jan 16, 2026
119 HR 4100	End Junk Fees for Renters Act	Referred to the Subcommittee on Economic Opportunity. Updated Dec 19, 2025

Most Recent Cosponsored Bills

Bill	Title	Status / Last Action
119 HR 7623	To award a Congressional Gold Medal to the Freedom House Ambulance Service, in recognition of its dedicated service to the Pittsburgh community and contributions to the field of emergency medical services.	Referred to the Committee on Financial Services, and in addition to the Committee on House Administrations Updated Feb 20, 2026
119 HR 7637	To amend the Head Start Act to improve the Act.	Referred to the House Committee on Education and Workforce. Updated Feb 20, 2026
119 HR 7599	To authorize the issuance of extreme risk protection orders.	Referred to the House Committee on the Judiciary. Updated Feb 17, 2026
119 HR 7531	To allow Americans to earn paid sick time so that they can address their own health needs and the health needs of their families.	Referred to the Committee on Education and Workforce, and in addition to the Committees on House Administration and Oversight and Reform Updated Feb 12, 2026
119 HR 7497	To amend the SUPPORT for Patients and Communities Act to improve trauma support services and mental health care for children and youth in educational settings, and for other purposes.	Referred to the House Committee on Education and Workforce. Updated Feb 11, 2026