

HR 8160

Premenstrual Dysphoric Disorder Awareness and Research Act of 2026

Congress: 119 (2025–2027, Current)

Chamber: House

Policy Area: Health

Introduced: Mar 30, 2026

Current Status: Referred to the House Committee on Energy and Commerce.

Latest Action: Referred to the House Committee on Energy and Commerce. (Mar 30, 2026)

Official Text: <https://www.congress.gov/bill/119th-congress/house-bill/8160>

Sponsor

Name: Rep. Ansari, Yassamin [D-AZ-3]

Party: Democratic • **State:** AZ • **Chamber:** House

Cosponsors (26 total)

Cosponsor	Party / State	Role	Date Joined
Del. Norton, Eleanor Holmes [D-DC-At Large]	D · DC		Mar 30, 2026
Rep. Beatty, Joyce [D-OH-3]	D · OH		Mar 30, 2026
Rep. Bell, Wesley [D-MO-1]	D · MO		Mar 30, 2026
Rep. Brownley, Julia [D-CA-26]	D · CA		Mar 30, 2026
Rep. Carter, Troy A. [D-LA-2]	D · LA		Mar 30, 2026
Rep. Clarke, Yvette D. [D-NY-9]	D · NY		Mar 30, 2026
Rep. Conaway, Herbert C. [D-NJ-3]	D · NJ		Mar 30, 2026
Rep. Goldman, Daniel S. [D-NY-10]	D · NY		Mar 30, 2026
Rep. Grijalva, Adelita S. [D-AZ-7]	D · AZ		Mar 30, 2026
Rep. Jackson, Jonathan L. [D-IL-1]	D · IL		Mar 30, 2026
Rep. Johnson, Henry C. "Hank" [D-GA-4]	D · GA		Mar 30, 2026
Rep. Kennedy, Timothy M. [D-NY-26]	D · NY		Mar 30, 2026
Rep. Krishnamoorthi, Raja [D-IL-8]	D · IL		Mar 30, 2026
Rep. McGarvey, Morgan [D-KY-3]	D · KY		Mar 30, 2026
Rep. Pressley, Ayanna [D-MA-7]	D · MA		Mar 30, 2026
Rep. Ross, Deborah K. [D-NC-2]	D · NC		Mar 30, 2026
Rep. Thanedar, Shri [D-MI-13]	D · MI		Mar 30, 2026
Rep. Tlaib, Rashida [D-MI-12]	D · MI		Mar 30, 2026
Rep. Tonko, Paul [D-NY-20]	D · NY		Mar 30, 2026
Rep. Trahan, Lori [D-MA-3]	D · MA		Mar 30, 2026
Rep. Velázquez, Nydia M. [D-NY-7]	D · NY		Mar 30, 2026
Rep. Williams, Nikema [D-GA-5]	D · GA		Mar 30, 2026
Rep. Wilson, Frederica S. [D-FL-24]	D · FL		Mar 30, 2026
Rep. Bonamici, Suzanne [D-OR-1]	D · OR		Apr 2, 2026
Rep. Fletcher, Lizzie [D-TX-7]	D · TX		Apr 2, 2026
Rep. McClain Delaney, April [D-MD-6]	D · MD		Apr 13, 2026

Committee Activity

Committee	Chamber	Activity	Date
Energy and Commerce Committee	House	Referred To	Mar 30, 2026

Subjects & Policy Tags

Policy Area:

Health

Related Bills

No related bills are listed.

Summary

No summary is currently available for this bill.

Actions Timeline

- **Mar 30, 2026:** Introduced in House
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