

HRES 496

Expressing support for the designation of June 13 as "Posttraumatic Growth Day".

Congress: 118 (2023–2025, Ended)

Chamber: House

Policy Area: Health

Introduced: Jun 12, 2023

Current Status: Referred to the Subcommittee on Health.

Latest Action: Referred to the Subcommittee on Health. (Jun 16, 2023)

Official Text: <https://www.congress.gov/bill/118th-congress/house-resolution/496>

Sponsor

Name: Rep. Bergman, Jack [R-MI-1]

Party: Republican • **State:** MI • **Chamber:** House

Cosponsors

No cosponsors are listed for this bill.

Committee Activity

Committee	Chamber	Activity	Date
Energy and Commerce Committee	House	Referred to	Jun 16, 2023

Subjects & Policy Tags

Policy Area:

Health

Related Bills

No related bills are listed.

Summary

(as of Jun 12, 2023)

This resolution supports the designation of Posttraumatic Growth Day. (Post-traumatic growth is a concept that acknowledges the potential for positive psychological change and personal transformation that can arise from the struggle with trauma.)

Actions Timeline

- **Jun 16, 2023:** Referred to the Subcommittee on Health.
- **Jun 12, 2023:** Introduced in House
- **Jun 12, 2023:** Referred to the House Committee on Energy and Commerce.