

HR 8787

ZZZ's to A's Act

Congress: 117 (2021–2023, Ended)

Chamber: House

Policy Area: Education

Introduced: Sep 9, 2022

Current Status: Referred to the House Committee on Education and Labor.

Latest Action: Referred to the House Committee on Education and Labor. (Sep 9, 2022)

Official Text: <https://www.congress.gov/bill/117th-congress/house-bill/8787>

Sponsor

Name: Rep. Lofgren, Zoe [D-CA-19]

Party: Democratic • **State:** CA • **Chamber:** House

Cosponsors

No cosponsors are listed for this bill.

Committee Activity

Committee	Chamber	Activity	Date
Education and Workforce Committee	House	Referred To	Sep 9, 2022

Subjects & Policy Tags

Policy Area:

Education

Related Bills

No related bills are listed.

Summary (as of Sep 9, 2022)

ZZZ's to A's Act

This bill directs the Department of Education (ED) to conduct a study that

- examines the relationship between school start times and adolescent health, well-being, and performance;
- comprehensively reviews the scientific evidence relating to that relationship;
- compares adolescent health, well-being, and performance among local educational agencies with different school start times; and
- evaluates factors that contribute to, or affect, school start times.

ED shall report its findings and recommendations to Congress.

Actions Timeline

- **Sep 9, 2022:** Introduced in House
- **Sep 9, 2022:** Referred to the House Committee on Education and Labor.