

HR 3830

Health and Wellness for Americans Act of 2009

Congress: 111 (2009–2011, Ended)

Chamber: House

Policy Area: Health

Introduced: Oct 15, 2009

Current Status: Referred to the Subcommittee on Health.

Latest Action: Referred to the Subcommittee on Health. (Oct 16, 2009)

Official Text: <https://www.congress.gov/bill/111th-congress/house-bill/3830>

Sponsor

Name: Rep. Fortenberry, Jeff [R-NE-1]

Party: Republican • **State:** NE • **Chamber:** House

Cosponsors

No cosponsors are listed for this bill.

Committee Activity

Committee	Chamber	Activity	Date
Energy and Commerce Committee	House	Referred to	Oct 16, 2009

Subjects & Policy Tags

Policy Area:

Health

Related Bills

No related bills are listed.

Summary (as of Oct 15, 2009)

Health and Wellness for Americans Act of 2009 - Directs the Secretary of Health and Human Services (HHS) to develop an individual chronic disease prevention and wellness achievement matrix to: (1) assist individuals to lower their risks of chronic disease; (2) achieve overall reductions in the incidence of chronic disease on a national scale; and (3) lay the foundation for future policies that incentivize achievements.

Requires the matrix to consist of easily measurable, demonstrable, clinical factors for: (1) achieving the recommended body mass index (or alternatively, an individual's recommended waist circumference); (2) achieving recommended lipid profile levels that make up a full lipid panel (or alternatively, the recommended ratio of high density lipoprotein [HDL] to low density lipoprotein [LDL]); (3) achieving the recommended blood pressure level; (4) completing all cancer screenings for age and gender, based on guidelines of the U.S. Preventive Services Task Force; (5) achieving nonsmoking status; and (6) achieving the recommended fasting blood sugar level (or if diabetic, the recommended hemoglobin A1c level).

Actions Timeline

- **Oct 16, 2009:** Referred to the Subcommittee on Health.
- **Oct 15, 2009:** Introduced in House
- **Oct 15, 2009:** Referred to the House Committee on Energy and Commerce.